



A Christian's Nutrition: The Abominable Things

Unclean Meats

Lev 11:39-40

And if any beast, of which ye may eat, die; he that toucheth the carcase thereof shall be unclean until the even. 40 And he that eateth of the carcase of it shall wash his clothes, and be unclean until the even: he also that beareth the carcase of it shall wash his clothes, and be unclean until the even.

Lev 17:15-16

And every soul that eateth that which died *of itself*, or that which was torn *with beasts*, *whether it be* one of your own country, or a stranger, he shall both wash his clothes, and bathe *himself* in water, and be unclean until the even: then shall he be clean. 16 But if he wash *them* not, nor bathe his flesh; then he shall bear his iniquity.

Duet 14:21

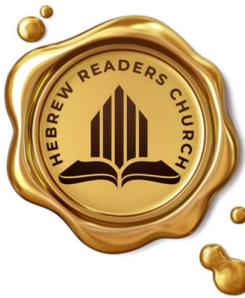
Ye shall not eat of any thing that dieth of itself: thou shalt give it unto the stranger that is in thy gates, that he may eat it; or thou mayest sell it unto an alien: for thou art an holy people unto Ahayah thy Alahayim. Thou shalt not seethe a kid in his mother's milk.

Exodus 22:31

And ye shall be holy men unto me: neither shall ye eat any flesh that is torn of beasts in the field; ye shall cast it to the dogs.

Deu 14:3

Thou shalt not eat any abominable thing.



Unclean Beast:

Duet 14:7-8

7 Nevertheless these ye shall not eat of them that chew the cud, or of them that divide the cloven hoof; as the camel, and the hare, and the coney: for they chew the cud, but divide not the hoof; therefore they are unclean unto you. 8 And the swine, because it divideth the hoof, yet cheweth not the cud, it is unclean unto you: ye shall not eat of their flesh, nor touch their dead carcase

Lev 4:27

And if any one of the common people sin through ignorance, while he doeth somewhat against any of the commandments of Ahayah concerning things which ought not to be done, and be guilty; 28 Or if his sin, which he hath sinned, come to his knowledge: then he shall bring his offering, a kid of the goats, a female without blemish, for his sin which he hath sinned.

2Ma 6:18

Eleazar one of the principal Scribes, an aged man, and of a well favored countenance, was constrained to open his mouth, and to eat swine's flesh.

2Ma 6:19

But he choosing rather to die gloriously, then to live stained with such an abomination, spit it forth, and came of his own accord to the torment,

2Ma 6:20

As it behooved them to come, that are resolute to stand out against such things, as are not lawful for love of life to be tasted.



Unclean Ingredients:

Lev 5:2

Or if a soul touch any unclean thing, whether it be a carcase of an unclean beast, or a carcase of unclean cattle,

or the carcase of unclean creeping things, and if it be hidden from him; he also shall be unclean, and guilty.

Isa 65:3

A people that provoketh me to anger continually to my face; that sacrificeth in gardens, and burneth incense upon altars of brick;

Isa 65:4

Which remain among the graves, and lodge in the monuments, which eat swine's flesh, and broth of abominable things is in their vessels;

4Ma 5:1-3

The tyrant Antiochus, therefore, sitting in public state with his assessors upon a certain lofty place, with his armed troops standing in a circle around him, 2 commanded his spearbearers to seize every one of the Hebrews, and to compel them to taste swine's flesh, and things offered to idols. 3 And should any of them be unwilling to eat the accursed food, they were to be tortured on the wheel, and so killed.

1Co 10:20

But I say, that the things which the Gentiles sacrifice, they sacrifice to devils, and not to Alahayim: and I would not that ye should have fellowship with devils.

Act 15:29

That ye abstain from meats offered to idols, and from blood, and from things strangled, and from fornication: from which if ye keep yourselves, ye shall do well. Fare ye well.



Unclean creatures in the Sea:

Lev 11:10-12

And all that have not fins and scales in the seas, and in the rivers, of all that move in the waters, and of any living thing which is in the waters, they shall be an abomination unto you:

Lev 11:11

They shall be even an abomination unto you; ye shall not eat of their flesh, but ye shall have their carcases in abomination.

Lev 11:12

Whatsoever hath no fins nor scales in the waters, that shall be an abomination unto you.



Unclean Birds

Deuteronomy 14:12-19

12 But these are they of which ye shall not eat: the eagle, and the ossifrage, and the ospray, 13 And the glede, and the kite, and the vulture after his kind, 14 And every raven after his kind, 15 And the owl, and the night hawk, and the cuckow, and the hawk after his kind, 16 The little owl, and the great owl, and the aquatic bird, H8580 17 And the pelican, and the gier eagle, and the cormorant, 18 And the stork, and the heron after her kind, and the lapwing, and the bat.

Lev 11:13

And these are they which ye shall have in abomination among the fowls; they shall not be eaten, they are an abomination:

Edification on "Aquatic Birds"

Definition:

H8580 תנשׁם

Strong's Definition: From H5395; properly a hard breather, that is, the name of two unclean creatures, a lizard and a bird (both perhaps from changing color through their irascibility), probably the tree toad and the water hen: - mole, swan.

BDB Definition:

- 1) an unclean animal of some kind 1a) an unclean bird 1a1) perhaps the ibis, water-hen, species of owl, barn owl
- 1b) an unclean lizard 1b1) perhaps the chameleon
- 1c) perhaps an extinct lizard or bird, exact meaning unknown

- **Swan definition:** Swans are aquatic birds of the family Anatidae within the genus Cygnus. The swans' closest relatives include the geese and ducks.
- **Water hen definition:** an aquatic rail, especially a moorhen or related bird. Amaurornis rails, a genus of birds in the rail family.
- **Ibis definition:** Ibis are aquatic birds of the Threskiornithidae family under the genus Ciconiiformes. They are known as wading birds, meaning that they typically walk through shallow water when feeding.

"Water birds" are often referred to as waterfowl, aquatic birds, or shorebirds, depending on their specific characteristics and habitat. "Waterfowl" commonly refers to ducks, geese, and swans. "Aquatic birds" is a broader term encompassing various species that spend a significant portion of their lives in or near water.

Here's a more detailed breakdown:



Aquatic Birds: This is a more general term that can include:

- Ducks, Geese, and Swans (Anatidae): These are well-adapted for swimming and floating on the water surface. They are unclean for food.
- Grebes (Podicipediformes): Known for their diving abilities. They are unclean for food.
- Pelicans, Darters, and Cormorants (Pelecaniformes): Often found in coastal areas and have unique adaptations for fishing. They are unclean for food.
- Herons, Ibises, Spoonbills, and Storks (Ciconiiformes): Wading birds with long legs and necks. They are unclean for food.
- Cranes, Rails (water hen), Moorhens, and Coots (Gruiformes): Diverse group of birds often found in marshes and wetlands. They are unclean for food.
- Gulls, Terns, and Auks (Charadriiformes): Many species within this order are adapted to coastal or aquatic environments. They are unclean for food.
- Loons (Gaviiformes): Excellent divers found in freshwater. They are unclean for food.
- Flamingos (Phoenicopteriformes): Found in shallow, salty or brackish lakes. They are unclean for food.
- **Shorebirds**: A subgroup of aquatic birds that includes sandpipers, plovers, avocets, and others. They are often seen wading in shallow water or foraging along shorelines. They are unclean for food.

Unclean flying Insects

Leviticus 11:23

23 But all other flying creeping things, which have four feet, shall be an abomination unto you.

Deut 14:19

19 And every creeping thing that flieth is unclean unto you: they shall not be eaten.



Unclean beasts that have hoofs

Lev 11:24

And for these ye shall be unclean: whosoever toucheth the carcass of them shall be unclean until the even.

Lev 11:25

And whosoever beareth ought of the carcase of them shall wash his clothes, and be unclean until the even.

Lev 11:26

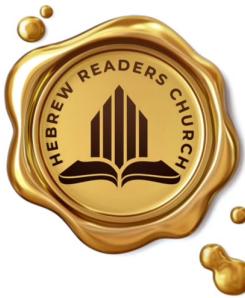
The carcases of every beast which divideth the hoof, and is not clovenfooted, nor cheweth the cud, are unclean unto you: every one that toucheth them shall be unclean.

Lev 11:27

And whatsoever goeth upon his paws, among all manner of beasts that go on all four, those are unclean unto you: whoso toucheth their carcase shall be unclean until the even.

Lev 11:28

And he that beareth the carcase of them shall wash his clothes, and be unclean until the even: they are unclean unto you.



The Creeping things

Lev 11:29-31

These also shall be unclean unto you among the creeping things that creep upon the earth; the weasel, and the mouse, and the tortoise after his kind, 30 And the gecko, and the crocodile, and the lizard, and the desert lizard, and the chameleon. 31 These are unclean to you among all that creep: whosoever doth touch them, when they be dead, shall be unclean until the even.

Lev 11:32

And upon whatsoever any of them, when they are dead, doth fall, it shall be unclean; whether it be any vessel of wood, or raiment, or skin, or sack, whatsoever vessel it be, wherein any work is done, it must be put into water, and it shall be unclean until the even; so it shall be cleansed.

Lev 11:34

Of all meat which may be eaten, that on which such water cometh shall be unclean: and all drink that may be drunk in every such vessel shall be unclean.

Lev 11:33

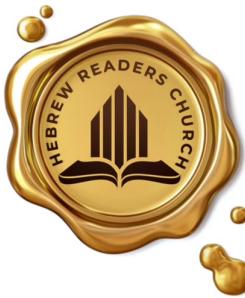
And every earthen vessel, whereinto any of them falleth, whatsoever is in it shall be unclean; and ye shall break it.

Lev 11:35

And every thing whereupon any part of their carcase falleth shall be unclean; whether it be oven, or ranges for pots, they shall be broken down: for they are unclean, and shall be unclean unto you.

Lev 11:36

Nevertheless a fountain or pit, wherein there is plenty of water, shall be clean: but that which toucheth their carcase shall be unclean.



Lev 11:37

And if any part of their carcase fall upon any sowing seed which is to be sown, it shall be clean.

Lev 11:38

But if any water be put upon the seed, and any part of their carcase fall thereon, it shall be unclean unto you.

Lev 11:41

And every creeping thing that creepeth upon the earth shall be an abomination; it shall not be eaten.

Lev 11:42

Whatsoever goeth upon the belly, and whatsoever goeth upon all four, or whatsoever hath more feet among all creeping things that creep upon the earth, them ye shall not eat; for they are an abomination.

Lev 11:43

Ye shall not make yourselves abominable with any creeping thing that creepeth, neither shall ye make yourselves unclean with them, that ye should be defiled thereby.

Lev 11:44

For I am the Ahayah your Alahayim: ye shall therefore sanctify yourselves, and ye shall be holy; for I am holy: neither shall ye defile yourselves with any manner of creeping thing that creepeth upon the earth.



What causes the Eating of Unclean Meats?

Ephesians 6:12

For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.

Wisdom of Solomon 14:12, 27

For the devising of idols was the beginning of spiritual fornication, and the invention of them the corruption of life. 27 For the worshipping of idols not to be named is the beginning, the cause, and the end, of all evil

Jubilees 1:9, 11

For they will forget all My commandments, (even) all that I command them, and they will walk after the Gentiles, and after their uncleanness, and after their shame, and will serve their alahayims, and these will prove unto them an offence and a tribulation and an affliction and a snare. 11. And they will make to themselves high places and groves and graven images, and they will worship, each his own (graven image), so as to go astray, and they will sacrifice their children to demons, and to all the works of the error of their hearts

Jubilees 6:35-38

For I know and from henceforth shall I declare it unto thee, and it is not of my own devising; for the book (lieth) written before me, and on the heavenly tables the division of days is ordained, lest they forget the feasts of the covenant and walk according to the feasts of the Gentiles after their error and after their ignorance. 36. For there will be those who will assuredly make observations of the moon--now (it) disturbeth the seasons and cometh in from year to year ten days too soon. 37. For this reason the years will come upon them when they will disturb (the order), and make an abominable (day) the day of testimony, and an unclean day a feast day, and they will confound all the days, the holy with the unclean, and the unclean day with the holy; for they will go wrong as to the months and Sabbaths and feasts and jubilees. 38. For this reason I command and testify to thee that thou mayest testify to them; for after thy death thy children will disturb (them), so that they will not make the year three hundred and sixty-four days only, and for this reason they will go wrong as to the new moons and seasons and Sabbaths and festivals, and they will eat all kinds of blood with all kinds of flesh.



4Mac 1:24-26, 29-33

Under pleasure, also, comes that moral debasement which exhibits the widest variety of the passions. 25. It manifests itself in the soul as ostentation, and covetousness, and vain-glory, and contentiousness, and backbiting, 26. and in the body as eating of strange meat, and gluttony, and gormandizing in secret 29. For while Reason is the guide of the virtues it is master of the passions. Observe, now, in the first place, that Reason becomes supreme over the passions in virtue of the inhibitory action of temperance. 30.

Temperance, I take it, is the repression of the desires; but of the desires some are mental and some physical, and both kinds are clearly controlled by Reason; 31. when we are tempted towards forbidden meats, how do we come to relinquish the pleasures to be derived from them? Is it not that Reason has power to repress the appetites? In my opinion it is so. 32. Accordingly, when we feel a desire to eat water-animals and birds and beasts and meats of every description forbidden to us under the Law, we abstain through the predominance of Reason. 33. For the propensities of our appetites are checked and inhibited by the temperate mind, and all the movements of the body obey the bridle of Reason.



4 Mac 5:1-11

1. Accordingly, the tyrant Antiochus, accompanied by his councilors, sat in judgement on a certain high place with his troops drawn up around him in full armour, 2. and he ordered his guards to drag there every single man of the Hebrews and compel them to eat swine's flesh and things offered to idols; 3. but if any should refuse to defile themselves with the unclean things, they were to be tortured and put to death. 4. And when many had been taken by force, one man first from among the company was brought before Antiochus, a Hebrew whose name was Eleazar, a priest by birth, trained in knowledge of the law, a man advanced in years and well known to many of the tyrant's court for his philosophy. 5. And Antiochus, looking on him, said: 'Before I allow the tortures to begin for you, O venerable man, I would give you this counsel, that you should eat of the flesh of the swine and save your life; for I respect your age and your grey hairs, although to have worn them so long a time, and still to cling to the Jewish religion, makes me think you no philosopher. 6. For most excellent is the meat of this animal which Nature has graciously bestowed upon us, and why should you abominate it? 7. Truly it is folly not to enjoy innocent pleasures, and it is wrong to reject Nature's favours. 8. But it will be still greater folly, I think, on your part if with idle vapouring about truth you shall proceed to defy even me to your own punishment. 9. Will you not awake from your preposterous philosophy? 10. Will you not fling aside the nonsense of your calculations and, adopting another frame of mind befitting your mature years, learn the true philosophy of expediency, and how to my charitable counsel, and have pity on your own venerable age? 11. For consider this, too, that even if there be some Power whose eye is upon this religion of yours, he will always pardon you for a transgression done under compulsion.'

Wisdom of Solomon 14:27-29

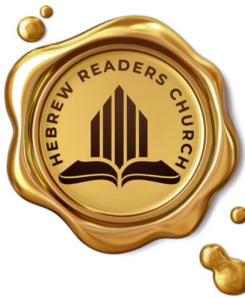
For the worshipping of idols not to be named is the beginning, the cause, and the end, of all evil. 28 For either they are mad when they be merry, or prophesy lies, or live unjustly, or else lightly forswear themselves. 29 For insomuch as their trust is in idols, which have no life; though they swear falsely, yet they look not to be hurt.

Romans 6:23

For the wages of sin is death; but the gift of Alahayim is eternal life through Yache Christ our Lord.

Joshua 1:7

Only be thou strong and very courageous, that thou mayest observe to do according to all the law, which Moses my servant commanded thee: turn not from it to the right hand or to the left, that thou mayest prosper whithersoever thou goest.



4Mac 5:12-21

12. Thus urged by the tyrant to the unlawful eating of unclean meat, Eleazar asked permission to speak; and receiving it, he began his speech before the court as follows: 13. 'We, O Antiochus, having accepted the Divine Law as the Law of our country, do not believe any stronger necessity is laid upon us than that of our obedience to the Law. 14. Therefore, we do surely deem it right not in any way whatsoever to transgress the Law. 15. And yet, were our Law, as you suggest, not truly divine, while we vainly believed it to be divine, not even so would it be right for us to destroy our reputation for piety. 16. Think it not, then, a small sin for us to eat the unclean thing, for the transgression of the Law, be it in small things or in great, is equally heinous; for in either case equally the Law is despised. 17. And you scoff at our philosophy, as if under it we were living in a manner contrary to reason. 18. Not so, for the Law teaches us self-control, so that we are masters of all our pleasures and desires and are thoroughly trained in manliness so as to endure all pain with readiness; 19. and it teaches justice, so that with all our various dispositions we act fairly, and it teaches righteousness, so that with due reverence we worship only the Alahayim who is. 20. Therefore, do we eat no unclean meat; for believing our Law to be given by Alahayim, we know also that the Creator of the world, as a Lawgiver, feels for us according to our nature. 21. He has commanded us to eat the things that will be convenient for our souls, and he has forbidden us to eat meats that would be the contrary.

Proverbs 15:21

Folly is joy to *him that is* destitute of wisdom: but a man of understanding walketh uprightly.

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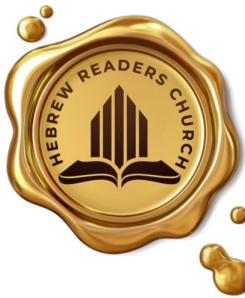
הַנְּסָעָת

BDB Definition:

- 1) joy, mirth, gladness
- 1a) gaiety, pleasure
- 1c) glad result, happy issue

1Co 13:6

Rejoiceth not in iniquity, but rejoiceth in the truth;



Testament of Judah 13:2,1, 7

2 For the spirit of fornication hath wine as a minister to give pleasure to the mind; for these two also take away the mind of man. 1 And now, my children, I say unto you, be not drunk with wine; for wine turneth the mind away from the truth, and inspires the passion of lust, and leadeth the eyes into error. 7 For much discretion needeth the man who drinketh wine, my children; and herein is discretion in drinking wine a man may drink so long as he preserveth modesty. 8 But if he go beyond this limit the spirit of deceit attacketh his mind, and it maketh the drunkard to talk filthily, and to transgress and not to be ashamed, but even to glory in his shame, and to account himself honourable.

Proverbs 14:9

Fools make a mock at sin: but among the righteous *there is* favour

Ignatius to Ephesians 10:2

...against their errors be ye steadfast in the faith..

1Ti 2:1-4

I exhort therefore, that, first of all, supplications, prayers, intercessions, and giving of thanks, be made for all men; 2 For kings, and for all that are in authority; that we may lead a quiet and peaceable life in all holiness and honesty. 3 For this is good and acceptable in the sight of Alahayim our Saviour; 4 Who will have all men to be saved, and to come unto the knowledge of the truth.

1Ti 4:4-5

For every creature of Alahayim is good, and nothing to be refused, if it be received with thanksgiving: 5 For it is sanctified by the word of Alahayim and prayer.

Lev 20:25-26

Ye shall therefore put difference between clean beasts and unclean, and between unclean fowls and clean: and ye shall not make your souls abominable by beast, or by fowl, or by any manner of living thing that creepeth on the ground, which I have separated from you as unclean. 26 And ye shall be holy unto me: for I Ahayah am holy, and have severed you from other people, that ye should be mine.



1Pe 1:14-16

As obedient children, not fashioning yourselves according to the former lusts in your ignorance: 15 But as he which hath called you is holy, so be ye holy in all manner of conversation; 16 Because it is written, Be ye holy; for I am holy.

Ezk 4:14 Then said I, Ah Lord Ahayah! behold, my soul hath not been polluted: for from my youth up even till now have I not eaten of that which dieth of itself, or is torn in pieces; neither came there abominable flesh into my mouth.