



# Keeping Sabbath: What Are the Laws?

Jubilees 50:6-8

[6] And behold the commandment regarding the Sabbaths -I have written (them) down for thee- and all the judgments of its laws.

[7] Six days shalt thou labour, but on the seventh day is the Sabbath of Ahayah your Alahayim. In it ye shall do no manner of work, ye and your sons, and your men- servants and your maid-servants, and all your cattle and the sojourner also who is with you.

[8] And the man that does any work on it shall die: whoever desecrates that day, whoever lies with (his) wife, or whoever says he will do something on it, that he will set out on a journey thereon in regard to any buying or selling: and whoever draws water thereon which he had not prepared for himself on the sixth day, and whoever takes up any burden to carry it out of his tent or out of his house shall die.

**H4853**

אִשָּׁמֶל

**BDB Definition:**

Massa = “burden”

1) load, bearing, tribute, burden, lifting (noun masculine)

1a) load, burden

A) lifting, uplifting, that to which the soul lifts itself up

1c) bearing, carrying

1d) tribute, that which is carried or brought or borne

2) utterance, oracle, burden (noun masculine)

3) a son of Ishmael (noun proper masculine)

**Part of Speech:** see above in Definition

**A Related Word by BDB/Strong's Number:** from H5375

Nehemiah 13:15

In those days saw I in Judah some treading wine presses on the sabbath, and bringing in sheaves, and lading asses; as also wine, grapes, and figs, and all manner of burdens, which they brought into Jerusalem on the sabbath day: and I testified against them in the day wherein they sold victuals.



- Tribute: (a) an act, statement, or gift that is intended to show gratitude, respect, or admiration.
- Tribute: (b) payment made periodically by one state or ruler to another, especially as a sign of dependence.

Jub 50:9

[9] Ye shall do no work whatever on the Sabbath day save what ye have prepared for yourselves on the sixth day, so as to eat, and drink, and rest, and keep Sabbath from all work on that day,

Jub 2:29

[29] Declare and say to the children of Israel the law of this day both that they should keep Sabbath thereon,..... and that they should not prepare thereon anything to be eaten or drunk,

Exo 16:23

And he said unto them, This is that which Ahayah hath said, To morrow is the rest of the holy sabbath unto Ahayah: bake that which ye will bake to day, and seethe that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.

## H644 (Strong)

אָפֶה

A primitive root; to *cook*, especially to *bake*: - bake, (-r, [-meats]).

**Cook:** prepare (food, a dish, or a meal) by combining and heating the ingredients in various ways.

- cooking:
  - 1) the practice or skill of preparing food by combining, mixing, and heating ingredients.
  - 2) (of food) be heated so that the condition required for eating is reached.

## H1310 (Strong)

בָּשַׁל

A primitive root; properly to *boil* up; hence to *be done* in cooking; figuratively to *ripen*: - bake, boil, bring forth, is ripe, roast, seethe, sod (be sodden).



Exo 16:24

And they laid it up till the morning, as Moses bade: and it did not stink, neither was there any worm therein.

Exo 16:25

And Moses said, Eat that to day; for to day is a sabbath unto Ahayah: to day ye shall not find it in the field.

Mat 12:1

At that time Yache went on the sabbath day through the corn; and his disciples were an hungred, and began to pluck the ears of corn, and to eat.

Deu 23:24

When thou comest into thy neighbour's vineyard, then thou mayest eat grapes thy fill at thine own pleasure; but thou shalt not put any in thy vessel.

Deu 23:25

When thou comest into the standing corn of thy neighbour, then thou mayest pluck the ears with thine hand; but thou shalt not move a sickle unto thy neighbour's standing corn.

Jubilee 50:9-10

[9] Ye shall do no work whatever on the Sabbath day save what ye have prepared for yourselves on the sixth day, so as to eat, and drink,

[10] For great is the honour which Ahayah has given to Israel that they should eat and drink and be satisfied on this festival day, and rest thereon from all labour which belongs to the labour of the children of men save burning frankincense and bringing oblations and sacrifices before Ahayah for days and for Sabbaths.

Jubilees 50:11

[11] This work alone shall be done on the Sabbath-days in the sanctuary of Ahayah your Alahayim; that they may atone for Israel with sacrifice continually from day to day for a memorial well-pleasing before Ahayah, and that He may receive them always from day to day according as thou hast been commanded.

Matthew 12:5

[5] Or have ye not read in the law, how that on the sabbath days the priests in the temple profane the sabbath, and are blameless?

Exodus 35:3

[3] Ye shall kindle no fire throughout your habitations upon the sabbath day.



Exo 23:12

Six days thou shalt do thy work, and on the seventh day thou shalt rest: that thine ox and thine ass may rest, and the son of thy handmaid, and the stranger, may be refreshed.

### H4639

From H6213; an action (good or bad); generally a transaction; abstractly activity; by implication a product (specifically a poem) or (generally) property: - act, art, + bakemeat, business, deed, do (-ing), labour, thing made, ware of making, occupation, thing offered, operation, possession, X well, ([handy-, needle-, net-]) work, (-ing, -manship), wrought.

### H4399

From the same as H4397; properly *deputyship*, that is, ministry; generally *employment* (never servile) or work (abstractly or concretely); also *property* (as the result of *labor*): - business, + cattle, + industrious, occupation, (+ -pied), + officer, thing (made), use, (manner of) work ([ -man], -manship).

Jubilee 50:12-13

[12] And every man who does any work thereon, or goes a journey, or tills (his) farm, whether in his house or any other place, and whoever lights a fire, or rides on any beast, or travels by ship on the sea, and whoever strikes or kills anything, or slaughters a beast or a bird, or whoever catches an animal or a bird or a fish, or whoever fasts or makes war on the Sabbaths:

[13] The man who does any of these things on the Sabbath shall die, so that the children of Israel shall observe the Sabbaths according to the commandments regarding the Sabbaths of the land, as it is written in the tablets, which He gave into my hands that I should write out for thee the laws of the seasons, and the seasons according to the division of their days. Herewith is completed the account of the division of the days

Jub 50:8

.... whoever says he will do something on it, that he will set out on a journey thereon in regard to any buying or selling: .....

Mat 12:1

At that time Yache went on the sabbath day through the corn; and his disciples were an hungred, and began to pluck the ears of corn, and to eat.



Matthew 12:9

And when he was departed thence, he went into their synagogue:

Matthew 12:10

And, behold, there was a man which had his hand withered. And they asked him, saying, Is it lawful to heal on the sabbath days? that they might accuse him.

Matthew 12:11

And he said unto them, What man shall there be among you, that shall have one sheep, and if it fall into a pit on the sabbath day, will he not lay hold on it, and lift it out?

Matthew 12:12

How much then is a man better than a sheep? Wherefore it is lawful to do well on the sabbath days.

Mat 13:1

The same day went Yache out of the house, and sat by the sea side.

Mat 13:2

And great multitudes were gathered together unto him, so that he went into a ship, and sat; and the whole multitude stood on the shore.

Matthew 13:36

My Then Yache sent the multitude away, and went into the house: and his disciples came unto him, saying, Declare unto us the parable of the tares of the field.

Barnabas 15:1

Moreover concerning the Sabbath likewise it is written in the Ten Words, in which He spake to Moses face to face on Mount Sinai; And ye shall hallow the Sabbath of the Lord with pure hands and with a pure heart.

Barnabas 15:2

And in another place He saith; If my sons observe the Sabbath then I will bestow My mercy upon them

Barnabas 15:3

Of the Sabbath He speaketh in the beginning of the creation; And Alahayim made the works of His hands in six days, and He ended on the seventh day, and rested on it, and He hallowed it.

Barnabas 15:4

Give heed, children, what this meaneth; He ended in six days. He meaneth this, that in six thousand years the Lord shall bring all things to an end; for the day with Him signifyeth a thousand years; and this He himself beareth me witness, saying; Behold, the day of the Lord shall be as a thousand years. Therefore, children, in six days, that is in six thousand years, everything shall come to an end.



Barnabas 15:5

And He rested on the seventh day. this He meaneth; when His Son shall come, and shall abolish the time of the Lawless One, and shall judge the unholy, and shall change the sun and the moon and the stars, then shall he truly rest on the seventh day.

Barnabas 15:6

Yea and furthermore He saith; Thou shalt hallow it with pure hands and with a pure heart. If therefore a man is able now to hallow the day which Alahayim hallowed, though he be pure in heart, we have gone utterly astray.

Barnabas 15:7

But if after all then and not till then shall we truly rest and hallow it, when we shall ourselves be able to do so after being justified and receiving the promise, when iniquity is no more and all things have been made new by the Lord, we shall be able to hallow it then, because we ourselves shall have been hallowed first.

Heb 4:9

There remaineth therefore a rest to the people of Alahayim.

Heb 4:10

For he that is entered into his rest, he also hath ceased from his own works, as Alahayim did from his.

**G4520** (Thayer)

σαββατισμ ος

sabbatismos

**Thayer Definition:**

1) a keeping sabbath

2) the blessed rest from toils and troubles looked for in the age to come by the true worshippers of Alahayim and true Christians

Heb 4:11

Let us labour therefore to enter into that rest, lest any man fall after the same example of unbelief